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## Fasting 'Aashuraa

Translated by Ahmed Abu Turaab

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بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ

In the Name of Allaah the most Kind the most Merciful

Shaykh Ibn Uthaymeen (رَحِمَهُ اللَّهُ)<sup>1</sup> said, "The Month of Allaah, al-Muharram, is the one between [the month of] Dhul-Hijjah and Safar, about which the Prophet (صَلَّى اللَّهُ عَلَيْهِ وَسَلَّمَ)<sup>2</sup> said, '... **the most excellent fast after (fasting) in the month of Ramadan is the fast in Allaah's Month of al-Muharram ...**,' and it is established that one should fast the 10th, or the 10th and the 9th, or the 9th, 10th and 11th from it."<sup>3</sup>

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<sup>1</sup> (رَحِمَهُ اللَّهُ) (rahimahullaah) May Allaah the Most High have mercy on him

<sup>2</sup> (صَلَّى اللَّهُ عَلَيْهِ وَسَلَّمَ) (sallallaahu 'alayhi wa sallam) May the peace and blessings of Allaah the Most High be upon him

<sup>3</sup> Sharh Riyaadis-Saaliheen, vol. 5, p. 299.